



Lev Gor'kov Conference 2019

Normal and superfluid He-3 in anisotropic aerogel: phase diagram and spin current

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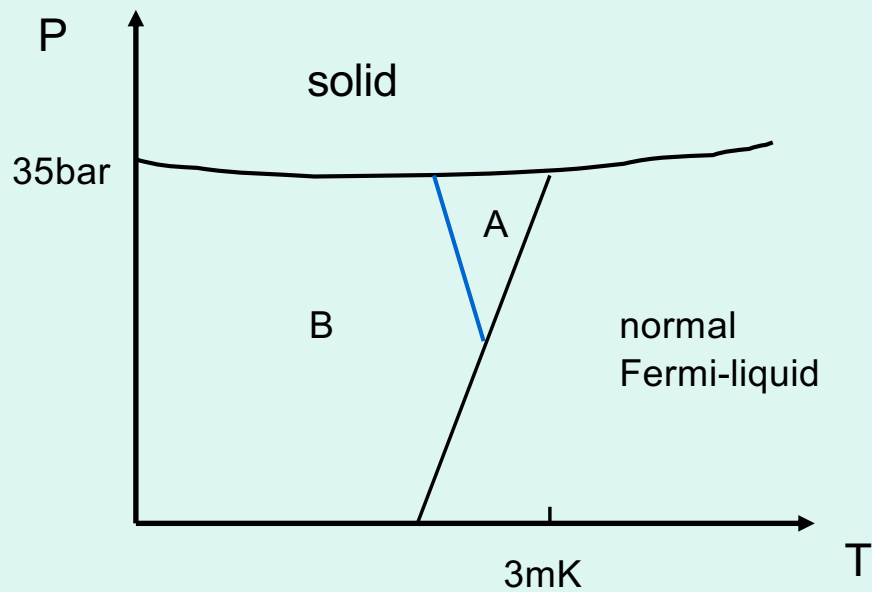
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Outline

- Phase diagram of superfluid He-3 in anisotropic aerogel
- Phase diagram dependence from aerogel density and degree of anisotropy
- Role of exchange scattering
- Experimental phase diagrams
- Microscopic theory
- Spin current
- Conclusion

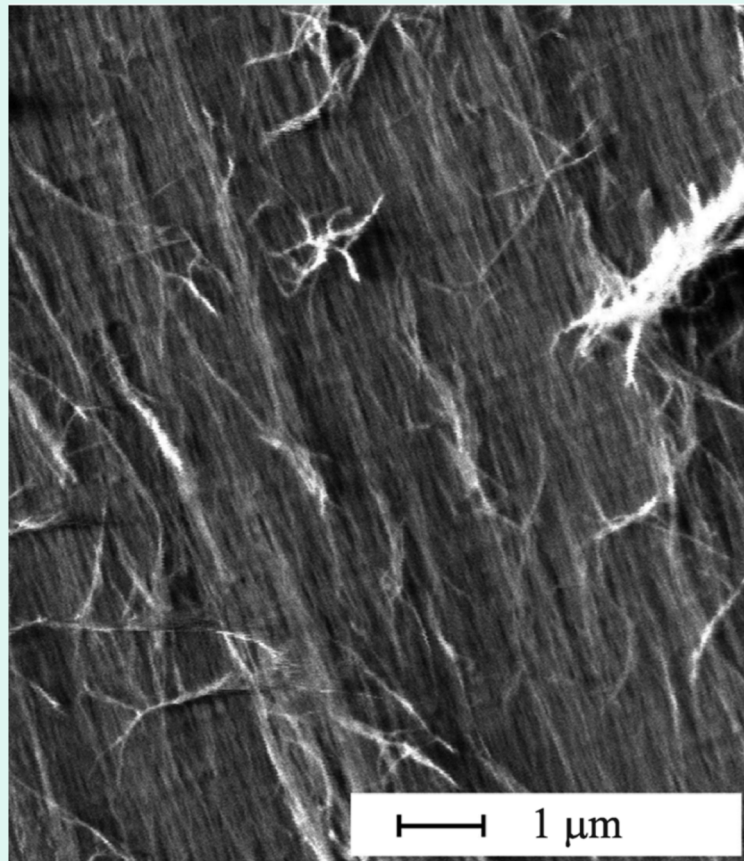
Superfluid He-3



$$\Psi_A \propto (k_x + ik_y)(|\uparrow\uparrow\rangle + |\downarrow\downarrow\rangle)$$

$$\Psi_B \propto (-k_x + ik_y)(|\uparrow\uparrow\rangle + k_z(|\uparrow\downarrow\rangle + |\downarrow\uparrow\rangle)) + (k_x + ik_y)|\downarrow\downarrow\rangle$$

$$\Psi_{pol} \propto k_z(|\uparrow\downarrow\rangle + |\downarrow\uparrow\rangle)$$



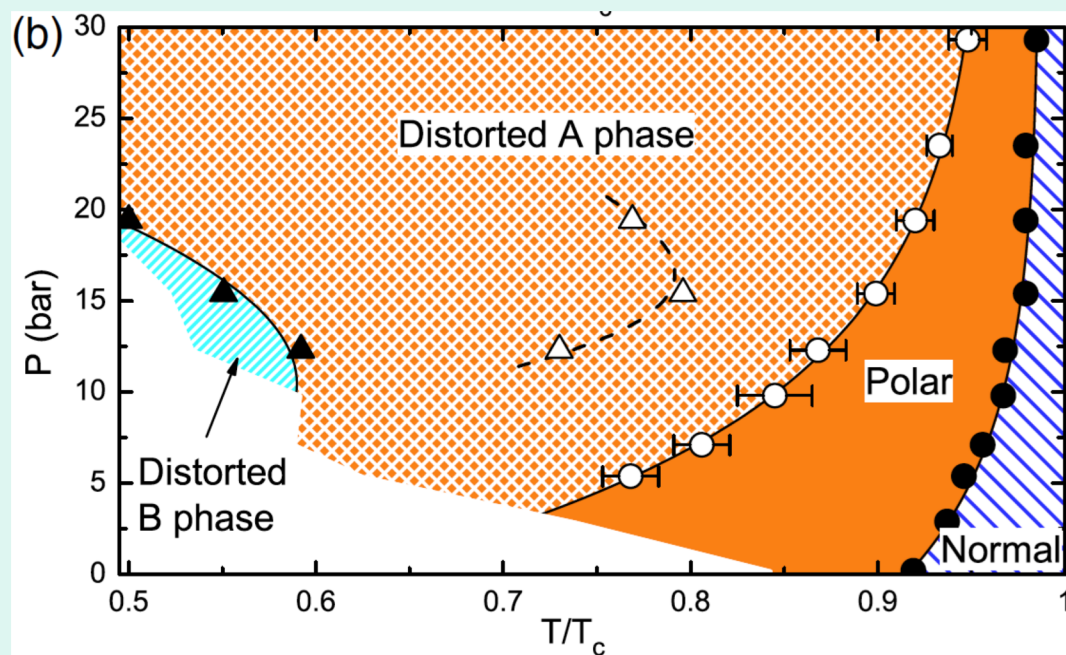
Polar state

Nematically ordered aerogel Nafen – 90
 Al_2O_3 strands almost parallel at distance 3 – 5 nm
 mean diameter 8 nm, mean distance 50 nm

Asadchikov et al, JETP Lett. 2015

Theory - Aoyama, Ikeda, PRB 2006
 Experiment - Dmitriev, Senin, Soldatov,
 Yudin, PRL 2015

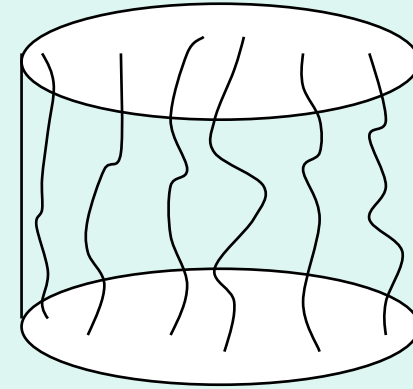
$$\Psi_{pol} \propto k_z (|\uparrow\downarrow\rangle + |\downarrow\uparrow\rangle)$$



He-3 superfluid critical temperature in anisotropic aerogel

Anisotropy lifts the degeneracy between superfluid phases

$$F^{(2)} = F_i^{(2)} + F_a^{(2)} = \alpha_0(T - T_c)|\Delta|^2 + \eta_{ij}A_{\alpha i}A_{\alpha j}^*$$



Media uniaxial anisotropy with anisotropy axis
along \hat{z} is given by the traceless tensor

$$\eta_{ij} = \eta \begin{pmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & -2 \end{pmatrix}$$

$$\eta > 0$$

(iv) Polar phase $A_{\alpha i} = \Delta V_{\alpha} \hat{z}_i e^{i\phi}$ $F_a^{(2)} = -2\eta|\Delta|^2$ $T_c^{polar} = T_c + 2\eta/\alpha_0$

Axipolar phase formation in uniaxially anisotropic aerogel

$$F_{cond} = \alpha A_{\alpha i}^* A_{\alpha i} + \eta_{ij} A_{\alpha i} A_{\alpha j}^* + \beta_1 |A_{\alpha i} A_{\alpha i}|^2 + \beta_2 A_{\alpha i}^* A_{\alpha j} A_{\beta i}^* A_{\beta j} + \beta_3 A_{\alpha i}^* A_{\beta i} A_{\alpha j}^* A_{\beta j} + \beta_4 (A_{\alpha i}^* A_{\alpha i})^2 + \beta_5 A_{\alpha i}^* A_{\beta i} A_{\beta j}^* A_{\alpha j}$$

Axipolar phase $A_{\alpha i} = V_{\alpha} [a \hat{z}_i + ib(\hat{x}_i \cos \varphi(\mathbf{r}) + \hat{y}_i \sin \varphi(\mathbf{r}))]$

$$F_{cond} = (\alpha - 2\eta)a^2 + (\alpha + \eta)b^2 + \beta_{12}(a^2 - b^2)^2 + \beta_{345}(a^2 + b^2)^2$$

$$\alpha = \alpha_0(T - T_c)$$

$$\beta_{12} = \beta_1 + \beta_2, \quad \beta_{345} = \beta_3 + \beta_4 + \beta_5$$

$$\beta_{12345} = \beta_1 + \beta_2 + \beta_3 + \beta_4 + \beta_5$$

polar

$$T_{c1} = T_c + 2 \frac{\eta}{\alpha_0}$$

$$a^2 = a_0^2 = -\frac{\alpha_0(T - T_{c1})}{2\beta_{12345}}, \quad b = 0.$$

$$T_{c1} > T_c$$

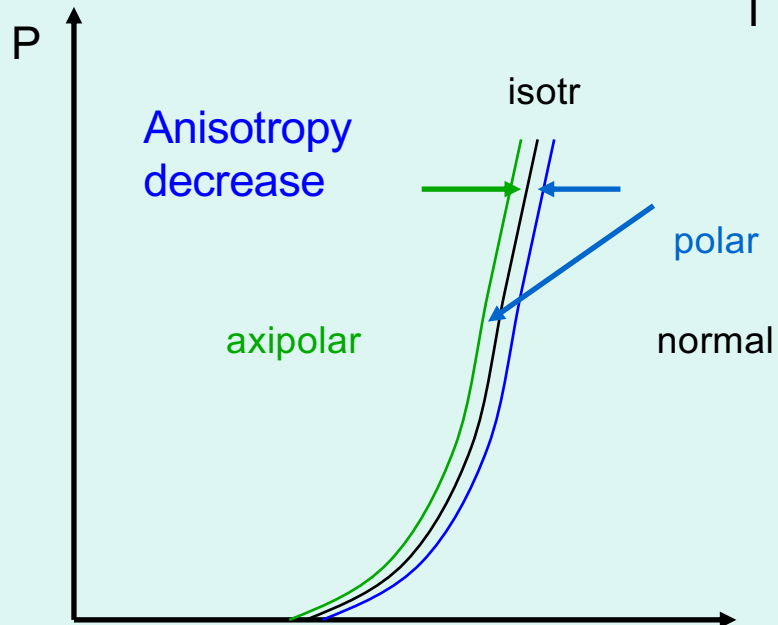
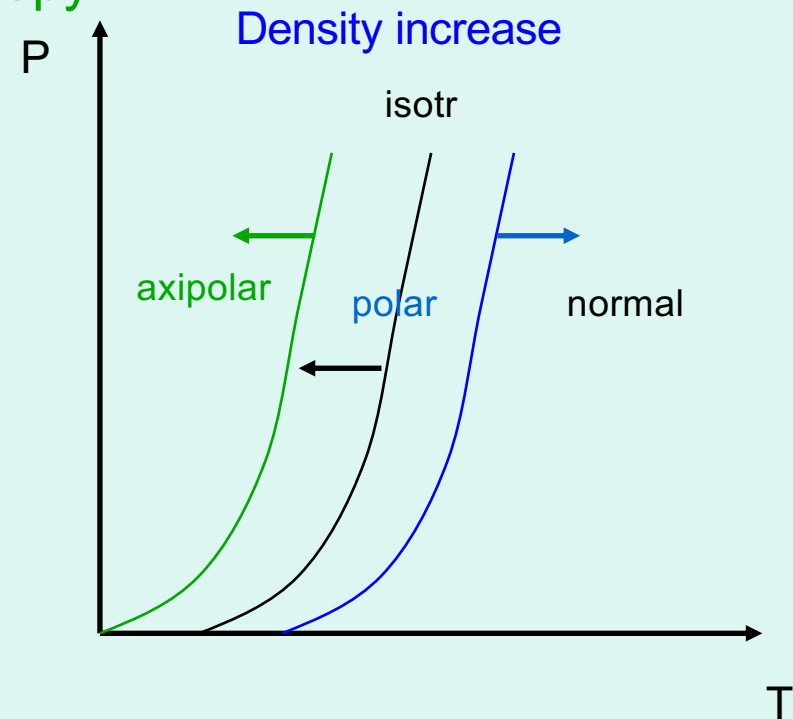
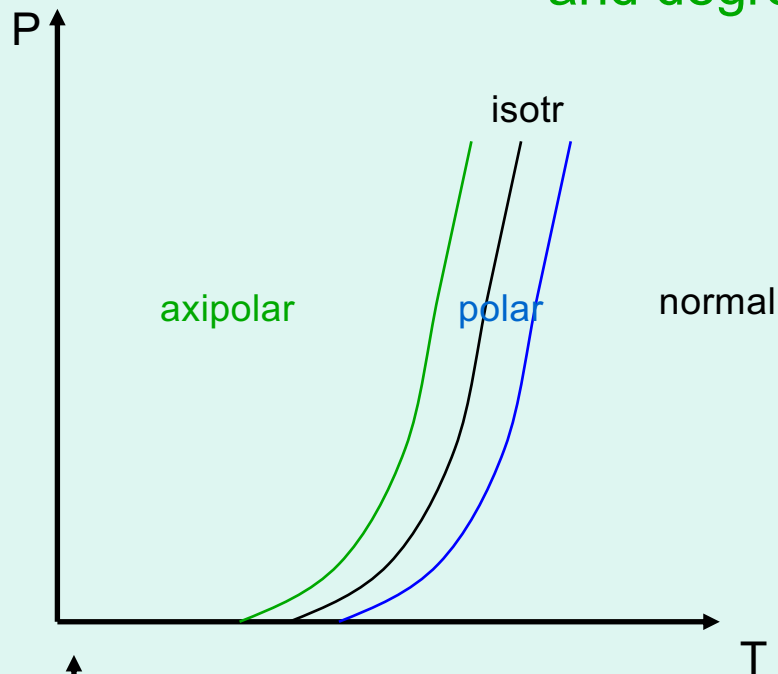
axipolar

$$T_{c2} = T_c - \frac{\eta}{\alpha_0} \frac{3\beta_{345} - \beta_{12}}{2\beta_{12}} = T_c - \frac{5 - 1.2\delta}{2 + 0.15\delta} \frac{\eta}{\alpha_0}$$

$$T_{c2} < T_c$$

$$a = a_0 + \delta a, \quad \delta a = -\frac{\beta_{345} - \beta_{12}}{2\beta_{12345}} \frac{b^2}{a_0}, \quad b^2 = -\frac{\alpha_0(T - T_{c2})}{4\beta_{345}}$$

Phase diagram dependence from aerogel density and degree of anisotropy



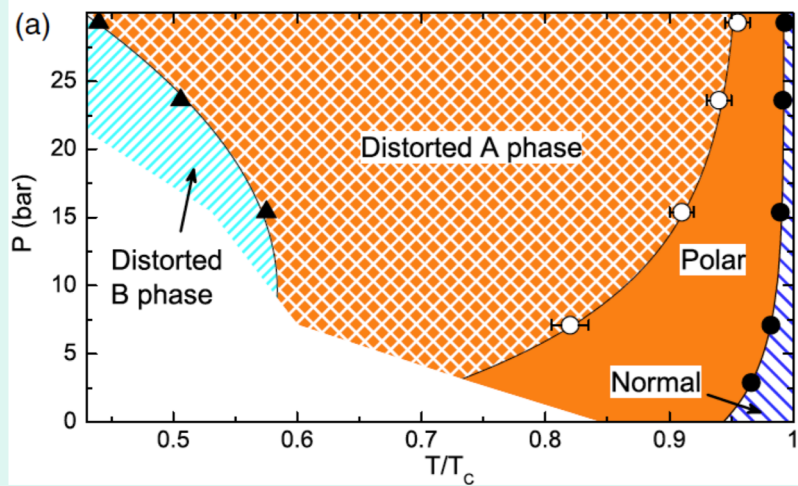
$$T_c^{bulk} - T_c^{isotr} \propto n_{aerogel}$$

$$\eta \propto \delta \times n_{aerogel}$$

$n_{aerogel}$ – aerogel density

δ – degree of anisotropy

Experimental phase diagrams



$$n_a = const$$

$$\delta \rightarrow 0$$

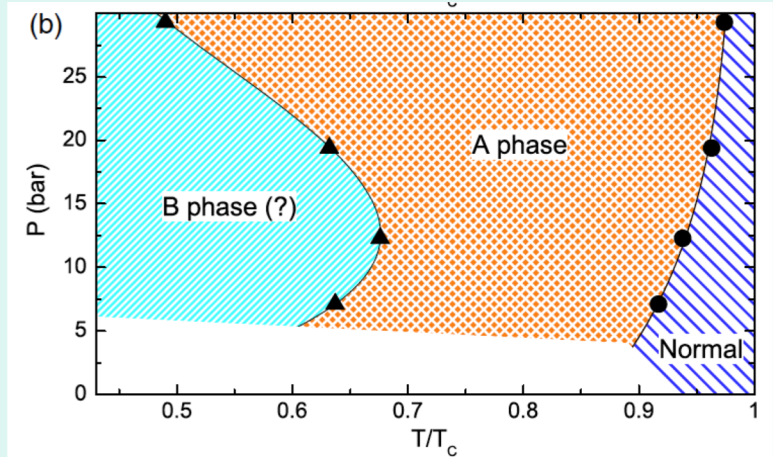
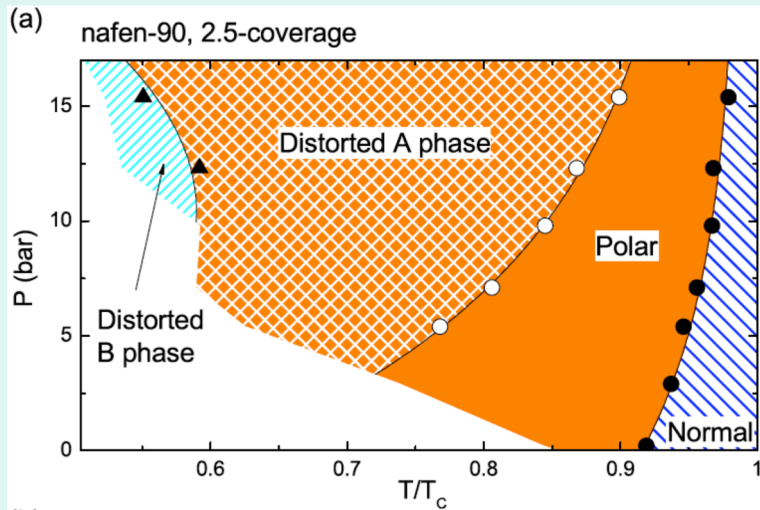


FIG. 3. Phase diagrams of ^3He in nafen-72 for 2.5 coverage (a) and for pure ^3He (b) obtained on cooling from the normal phase.

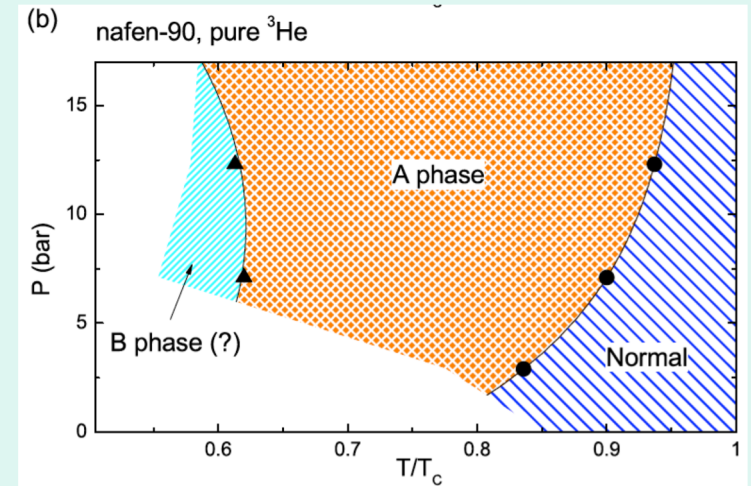
$$n_a \nearrow$$

$$\delta = const$$



$$n_a = const$$

$$\delta \rightarrow 0$$



Microscopic theory

$$H_{int} = \sum_i \int d^3r \psi_\alpha^\dagger(\mathbf{r}) [u(\mathbf{r} - \mathbf{r}_i) \delta_{\alpha\beta} + J(\mathbf{r} - \mathbf{r}_i) \boldsymbol{\sigma}_{\alpha\beta} \mathbf{S}] \psi_\beta(\mathbf{r})$$

$$F^{(2)} = \frac{1}{3} \left\{ \frac{1}{g} \delta_{ij} - T \sum_\omega \int \frac{d^3p}{(2\pi)^3} \hat{p}_i \Gamma_j(\mathbf{p}, \omega) G(\mathbf{p}, \omega) G(-\mathbf{p}, -\omega) \right\} A_{\mu i}^* A_{\mu j}$$

$$G(\mathbf{p}, \omega) = \frac{1}{i\omega - \xi_{\mathbf{p}} - \Sigma_{\mathbf{p}}(\omega)}$$

$$\Sigma_{\mathbf{p}}(\omega) = \int \frac{d^3p'}{(2\pi)^3} U_{\mathbf{p}-\mathbf{p}'}^2 G(\mathbf{p}', \omega)$$

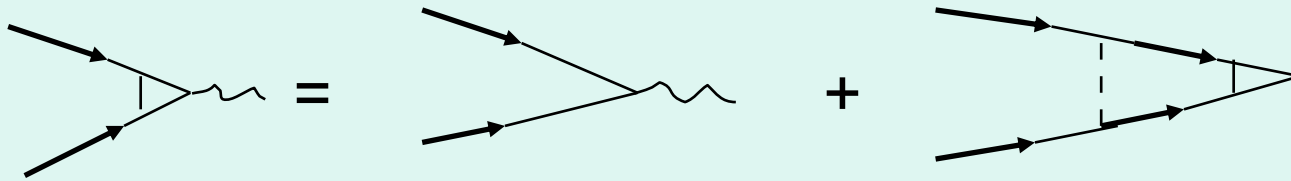
$$U_{\mathbf{p}}^2 = n_i [u_{\mathbf{p}}^2 + \langle S_i \sigma_{\alpha\gamma}^i S_k \sigma_{\gamma\alpha}^k \rangle J_{\mathbf{p}}^2] = n_i \left[u_{\mathbf{p}}^2 + \frac{1}{4} S(S+1) J_{\mathbf{p}}^2 \right]$$

$$\Sigma_{\mathbf{p}}(\omega) = -\frac{i}{2\tau} \left\{ 1 - \delta \left[\hat{p}_z^2 - \frac{1}{2} (\hat{p}_x^2 + \hat{p}_y^2) \right] \right\} \text{sign } \omega$$

$$\frac{1}{\tau} = \frac{1}{\tau_p} + \frac{1}{\tau_{ex}}, \quad \delta = \frac{\delta_p}{\tau_p} + \frac{\delta_{ex}}{\tau_{ex}}$$

$$\Gamma_j(\mathbf{p}, \omega) = \hat{p}_j + n \int \frac{d^3p'}{(2\pi)^3} \left[u_{\mathbf{p}-\mathbf{p}'}^2 + \frac{1}{3} S(S+1) (g^\dagger)_{\alpha\beta}^\mu \sigma_{\lambda\alpha}^i \sigma_{\rho\beta}^i g_{\lambda\rho}^\mu J_{\mathbf{p}-\mathbf{p}'}^2 \right] \Gamma_j(\mathbf{p}', \omega) G(\mathbf{p}', \omega) G(-\mathbf{p}', -\omega)$$

Singlet versus Triplet



$$\Gamma_j(\mathbf{p}, \omega) = \hat{p}_j + n \int \frac{d^3 p'}{(2\pi)^3} \left[u_{\mathbf{p}-\mathbf{p}'}^2 + \frac{1}{3} S(S+1) (g^\dagger)_{\alpha\beta}^\mu \sigma_{\lambda\alpha}^i \sigma_{\rho\beta}^i g_{\lambda\rho}^\mu J_{\mathbf{p}-\mathbf{p}'}^2 \right] \Gamma_j(\mathbf{p}', \omega) G(\mathbf{p}', \omega) G(-\mathbf{p}', -\omega)$$

singlet

$$\hat{g} = \begin{pmatrix} 0 & 1 \\ -1 & 0 \end{pmatrix}$$

Abrikosov & Gor'kov JETP 1961

$$\frac{1}{3} S(S+1) g_{\alpha\beta}^t \sigma_{\lambda\alpha}^i \sigma_{\rho\beta}^i g_{\lambda\rho} J_{\mathbf{q}}^2 = -\frac{1}{4} S(S+1) J_{\mathbf{q}}^2$$

triplet

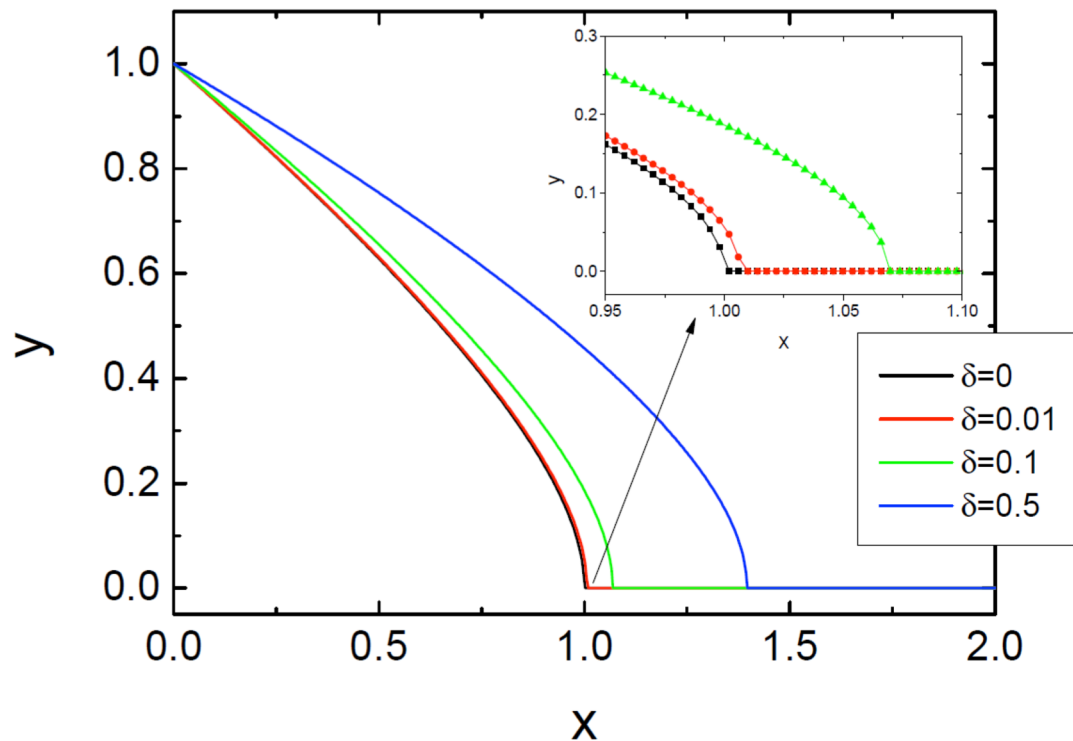
$$g_{\lambda\rho}^v = (-\sigma_{\lambda\rho}^z, i\delta_{\lambda\rho}, \sigma_{\lambda\rho}^x)$$

$$\frac{1}{3} S(S+1) (g^\dagger)_{\alpha\beta}^\mu \sigma_{\lambda\alpha}^i \sigma_{\rho\beta}^i g_{\lambda\rho}^v J_{\mathbf{q}}^2 = \frac{1}{4} S(S+1) J_{\mathbf{q}}^2 \delta_{\mu\nu}$$

Critical temperature

$$F_2 = \alpha A_{\mu i}^* A_{\mu i} - 2\eta \left[A_{\mu z}^* A_{\mu z} - \frac{1}{2} (A_{\mu x}^* A_{\mu x} + A_{\mu y}^* A_{\mu y}) \right]$$

$$\alpha = \frac{N_0}{3} \left[\ln \frac{T}{T_{c0}} + \psi \left(\frac{1}{2} + \frac{1}{4\pi T\tau} \right) - \psi \left(\frac{1}{2} \right) - \frac{1}{5} \frac{\delta}{4\pi T\tau} \psi^{(1)} \left(\frac{1}{2} + \frac{1}{4\pi T\tau} \right) \right]$$



$$\eta = \frac{8N_0}{45} \frac{\delta}{4\pi T\tau} \psi^{(1)} \left(\frac{1}{2} + \frac{1}{4\pi T\tau} \right)$$

$$\psi(z) = \frac{d \ln \Gamma(z)}{dz}$$

$$\frac{1}{\tau} = \frac{1}{\tau_p} + \frac{1}{\tau_{ex}}, \quad \frac{\delta}{\tau} = \frac{\delta_p}{\tau_p} + \frac{\delta_{ex}}{\tau_{ex}}$$

$$y = \frac{T_c}{T_{c0}} = y(x)$$

$$x = \frac{\tau_c}{\tau} = \frac{\gamma}{\pi T_{c0} \tau}$$

$$T_{c1} = T_{c0} - \frac{\pi}{8\tau} + \frac{11\pi}{60\tau} \delta$$

Spin current

Residual resistance of a normal metal
Abrikosov&Gor'kov, JETP 1958

$$\mathbf{j}_i = -\frac{\delta H}{\delta \boldsymbol{\omega}_i}$$

$$\boldsymbol{\omega}_i = \nabla_i \theta$$

$$\gamma \mathbf{H} = \frac{\partial \theta}{\partial t} = -i \omega \theta$$

Larmor theorem

$$H = \frac{1}{2m} \int d^3 r (D_i^{\alpha\lambda} \psi_\lambda)^\dagger D_i^{\alpha\mu} \psi_\mu + H_{int}$$

$$D_i^{\alpha\beta} = -i \delta_{\alpha\beta} \nabla_i + \frac{1}{2} \boldsymbol{\sigma}_{\alpha\beta} \boldsymbol{\omega}_i$$

$$\mathbf{j}_i(\mathbf{k}, \omega) = \frac{i}{4m} Tr \int_{-\infty}^{+\infty} \frac{d\varepsilon}{2\pi} \int \frac{d^3 p}{(2\pi)^3} p_i \boldsymbol{\sigma}_{\alpha\beta} (\boldsymbol{\sigma}_{\beta\alpha} \boldsymbol{\omega}_j) \Pi_j - \frac{1}{4} n \boldsymbol{\omega}_i$$

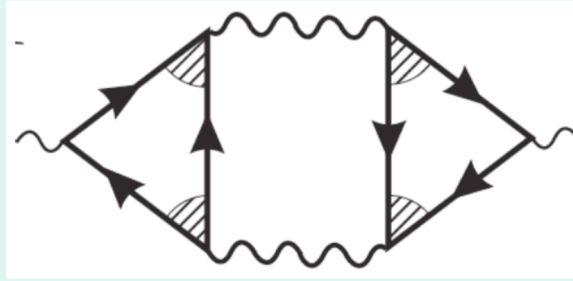
$$\Pi_j(p, p-k) = G(\mathbf{p}, \varepsilon) G(\mathbf{p}-\mathbf{k}, \varepsilon-\omega) \left[p_j + \int \frac{d^3 p'}{(2\pi)^3} U^2(\mathbf{p}-\mathbf{p}') \Pi_j(p', p'-k) \right]$$

$$\mathbf{j}_z^M = -\frac{1}{3} \left\{ 1 + \frac{16}{15} \delta \right\} \tau v_F^2 \nabla_z \mathbf{M}$$

$$\mathbf{j}_x^M = -\frac{1}{3} \left\{ 1 - \frac{8}{15} \delta \right\} \tau v_F^2 \nabla_x \mathbf{M}$$

$$\frac{1}{\tau} = \frac{1}{\tau_p} + \frac{1}{\tau_{ex}}, \quad \frac{\delta}{\tau} = \frac{\delta_p}{\tau_p} + \frac{\delta_{ex}}{\tau_{ex}}$$

Paradiffusion



Aslamazov & Larkin, 1968

$$\mathbf{j}_i(\omega_\nu) = \int \frac{d^3q}{(2\pi)^3} T \sum_k \mathbf{B}_{i,\alpha\beta}^{lr}(\mathbf{q}, \Omega_k, \omega_\nu) L^{rs}(\mathbf{q}, \Omega_k) (\mathbf{B}_{j,\beta\alpha}^{st}(\mathbf{q}, \Omega_k, \omega_\nu) \cdot \boldsymbol{\omega}_j) L^{tl}(\mathbf{q}, \Omega_k + \omega_\nu)$$

$$\mathbf{B}_{i,\alpha\beta}^{lr}(\mathbf{q}, \Omega_k, \omega_\nu) = T \sum_n \int \frac{d^3p}{(2\pi)^3} v_i \boldsymbol{\sigma}_{\alpha\beta} \Lambda_{\mathbf{q},\varepsilon_n+\omega_\nu, \Omega_k-\varepsilon_n}^l \Lambda_{\mathbf{q},\varepsilon_n, \Omega_k-\varepsilon_n}^{r*} G_{\mathbf{p},\varepsilon_n+\omega_\nu} G_{\mathbf{p},\varepsilon_n} G_{\mathbf{q}-\mathbf{p}, \Omega_k-\varepsilon_n}$$

$$\Lambda_{\mathbf{q},\varepsilon_n, \Omega_k-\varepsilon_n}^l = \hat{p}_l + \frac{1}{2\pi N_0 \tau} \int \frac{d^3k}{(2\pi)^3} G_{\mathbf{k},\varepsilon_n} G_{-\mathbf{k}+\mathbf{q}, \Omega_k-\varepsilon_n} \Lambda_{\mathbf{q},\varepsilon_n, \Omega_k-\varepsilon_n}^l$$

$$L^{rs}(\mathbf{q}, \Omega_k) = \left(\frac{1}{3g} \delta_{rs} - T \sum_n \int \frac{d^3k}{(2\pi)^3} G_{\mathbf{k},\varepsilon_n} G_{-\mathbf{k}+\mathbf{q}, \Omega_k-\varepsilon_n} \hat{k}_r \Lambda_{\mathbf{q},\varepsilon_n}^s \right)^{-1}$$

$$\mathbf{j}_i^{fl} = -\frac{45}{8\xi\sqrt{\epsilon}} \mu \nabla_i \mathbf{H}$$

$$\mathbf{j}_i^{dif} = -\hbar N_0 D \mu \nabla_i \mathbf{H}$$

$$D = \frac{1}{3} \tau v_F^2$$

$$\frac{j^{fl}}{j^{dif}} = \frac{45}{8\hbar\xi N_0 D} \frac{1}{\sqrt{\epsilon}} \approx 5 \times 10^{-2} \frac{1}{\sqrt{\epsilon}}$$

$$\epsilon = \ln \frac{T}{T_c}$$

Conclusion

The anisotropy suppression in anisotropic aerogel filled by pure He-3 is determined by the sum of two independent terms originating from the potential and the exchange scattering.

The change of anisotropy of scattering at different types of covering must also reveal itself in the changes of spin diffusion anisotropy.

$$\frac{\delta}{\tau_{\text{pure He-3}}} = \frac{\delta_p}{\tau_{p \text{ pure He-3}}} + \frac{\delta_{ex}}{\tau_{ex \text{ pure He-3}}} \ll \frac{\delta_p}{\tau_{p \text{ preplated}}}$$

$$\frac{D_z}{D_x} = \frac{1 + \frac{16}{15}\delta}{1 - \frac{8}{15}\delta}$$